

Compiled by
Skagit County Community Action Agency

For more information on Social Services in
Skagit County call:

2-1-1



Community Resource Guide

Skagit County

2007



Compiled by the Community Resource Coordinator at

Skagit County Community Action Agency
330 Pacific Place / P.O. Box 1507
Mount Vernon, WA 98273
(360) 416-7585 fax (360) 416-7599
www.skagitcap.org

This guide is only meant as a “quick-reference.”
For in-depth information and referrals for social
services in Skagit County please call:

North Sound 2-1-1

ALCOHOL & DRUG COUNSELING

<u>Al-Anon</u>	800-344-2666
<u>Alcohol and Drug Helpline</u>	800-562-1240
<u>Swinomish Alcohol</u>	360-466-7273
<u>Alcoholics Anonymous</u>	888-360-1564
<u>American Council for Drug Education</u>	800-662-4357
<u>Dellamas and Associates</u>	360-299-2750
<u>Department of Alcohol and Substance Abuse</u>	877-301-4557
<u>Follman Agency</u>	360-755-1125
<u>Fetal Alcohol Syndrome Family Resource Inst.</u>	800-999-3429
<u>Narcotics Anonymous</u>	360-428-7171
<u>Parent Child Assistance Program (PCAP)</u>	360-428-7835
<u>Phoenix Recovery Services</u> 2105 Continental Place Mount Vernon, Washington 98273	360-848-8437
<u>Skagit Recovery Center</u> 1905 Continental Place Mount Vernon, Washington 98273	360-428-7835
<u>Sea Mar Community Health Centers</u> 2500 East College Way, Suite 100 Mount Vernon, Washington 98273	360-428-8912
<u>United Northwest Recovery Center</u> 605-B Sunset Park Drive Sedro Woolley, Washington 98284	360-856-6300
<u>VA Puget Sound Health Care System</u>	800-329-8387

DISABILITIES

<u>ARC of Whatcom, Island and Skagit County</u>	360-715-0170
<u>Canine Companions for Independence</u>	800-572-2275
<u>Chinook Enterprises</u>	360-428-0140
<u>Community Services for the Deaf/Hearing Impaired</u> Community Services for the Blind	877-301-0006 800-458-4888
<u>Greater Residential Options (VOA)</u>	360-755-0623
<u>Developmental Disabilities Council of WA</u>	800-634-4473
<u>Learning Disabilities Association of WA</u>	800-536-2343
<u>Washington Vocational Services</u>	360-419-0910

YOUTH SERVICES

<u>Anacortes Community Arts</u> 619 Commercial Avenue # 14, Anacortes	360-299-9366
<u>ARGUS Christmas and Children's Fund</u>	360-755-0195
<u>At Risk Intervention Specialists (ARIS)</u> 611 South 2nd Street, Mt. Vernon	360-336-9389
<u>Big Brothers, Big Sisters of Skagit County</u> 200 South Cherry Street, Burlington	360-707-0404
<u>Boys and Girls Clubs of Skagit County</u> <ul style="list-style-type: none">Anacortes 2219 M AvenueMount Vernon 1100 North La VentureLa Conner 305 North 6th StreetSedro Woolley 201 North Township	360-588-9045 360-428-6995 360-466-3672 360-272-4553
<u>Camp Fire USA</u> 2217 Woburn St., Bellingham, WA 98226	360-733-5710
<u>Catholic Community Services NW</u> 320 Pacific Place, Mt. Vernon	360-416-7546
<u>Child Care Resources and Referral</u> Volunteers of America 1934 East College Way, Mt. Vernon	360-416-8299
<u>Children and Family Services Division</u> Department of Social and Health Services 900 East College Way, Mt. Vernon	800-409-4649
<u>Head Start of Skagit County (central office)</u> <ul style="list-style-type: none">AnacortesBurlingtonBurlington-Edison Child DevelopmentConcreteLa Conner - Swinomish Birth to SixMount Vernon - Pacific PlaceMount Vernon - Skagit Valley CollegeMount Vernon - Washington CenterSedro Woolley	360-416-7590 360-293-2720 360-755-0904 360-755-1379 360-853-7209 360-466-7326 360-416-7576 360-416-7590 360-424-7334 360-856-4994
<u>Oasis Teen Shelter</u>	360-419-9058
<u>Secret Harbor School</u> Residential treatment	360-293-5151
<u>Skagit Valley YMCA</u> Child care, preschool, Fitness and recreation camps, summer camps	360-336-9622
<u>Youthnet</u> Emerson Alternative School	360-336-1610 360-336-2681

SENIOR RESOURCES CONTINUED

Visiting Angels Living Assistance Services 888-264-3528

Golden Care Program 360-428-2345

1415 East Kincaid Avenue
Mount Vernon, Washington 98273

Grandparent's Raising Grandchildren 360-416-7546

Kinship Caregiver Support Program
Grandparents Raising Grandchildren Support Group

Northwest Regional Council on Aging 800-585-6749

Retired Senior Volunteer Programs 360-336-9315

315 South Third Street
Mount Vernon, Washington 98273

Senior Information and Assistance 360-336-9345

Northwest Regional Council on Aging
315 South 3rd Street, Mt. Vernon, WA 98273

Skagit Council on Aging 360-336-9315

Tribal Senior Resources *See Heading Below*

Samish Indian Nation, Swinomish Tribal Comm. Services, Upper
Skagit Indian Tribe

TRIBAL RESOURCES

Samish Indian Nation 360-293-6404

Vocational Rehabilitation, Youth Services, Head Start, Senior Resources

Swinomish Tribal Community Services 360-466-3163

Employment Services, Medical Clinic, Senior Center, Utility Assistance

Upper Skagit Indian Tribe 360-854-7000

Counseling, Education & Employment, Elders Program, Food Distribution, Medical Clinic, Preschool

VOLUNTEER OPPORTUNITIES

1-800-Volunteer www.1-800-volunteer.org

Online access to volunteer opportunities throughout Skagit County.

Retired Senior Volunteer Programs 360-336-9315

315 South Third Street, Mt. Vernon

Skagit Volunteer Center (SCCAA) 360-416-7585

Volunteer Chore Program, Mobile Food Express, Emergency Shelter, Basic Food Outreach, Skagit Literacy, Volunteer Lawyer Program, and more

Samish Indian Nation

Samish Vocational Rehabilitation Services 360-293-6404

2917 Commercial Ave, Anacortes WA 98221

DOMESTIC VIOLENCE SERVICES

Adult Protective Services 800-487-0416

Department of Social and Health Services

900 East College Way # 210

Mount Vernon, Washington 98273

Aging and Adult Services Complaint Line 800-562-6078

Children and Family Services Division 800-785-5582

Department of Social and Health Services

900 East College Way

Mount Vernon, Washington 98273

Child Protective Services 360-735-7038

Children's Trust of Washington 206-464-6151

605 First Avenue, Suite 412

Seattle, Washington 98104

Domestic Violence and Sexual Assault Services 360-336-9591

P.O. Box 301

800-726-6010

Mount Vernon, Washington 98273

Domestic Violence Hotline (Washington) 800-562-6025

Domestic Violence Justice Project 360-428-1029

P.O. Box 1507

Mount Vernon, Washington 98273

Sea Mar Community Health Centers 360-428-8912

Mount Vernon Homeless and CRS

2500 East College Way, Suite 100

Mount Vernon, Washington 98273

National Center for Missing and Exploited Children 800-843-5678

2101 Wilson Boulevard, Suite 550

Arlington, Virginia 22201-3052

Parent Trust for Washington Children 800-932-4673

1305 4th Avenue, Suite 310

Seattle, Washington 98101

Sexual Assault Hotline 800-656-4673

Sexual Assault Support Group 360-336-9591

Skagit Domestic Violence and Sexual Assault Services

Mount Vernon, Washington 98273

Washington State Crime Victim Advocacy 800-822-1067

P.O. Box 48304

Olympia, Washington 98504-8304

EDUCATION

Goodwill Industries

Adult Basic Education 360-848-1816
102 Valley Mall Way, Mount Vernon

Skagit County Community Action Agency 360-416-7585

Skagit Literacy Program
GED Preparation
Teen GED
Family Literacy
ESL
Even Start

Skagit Valley College

2405 East College Way
Mount Vernon, Washington 98273
GED - Information 360-416-7820
Adult Basic Education 360-416-7806
Career Services Center 360-416-7630
Displaced Homemaker Program 360-416-7762
Early Childhood Education 360-416-7787
Family Literacy Center 360-679-5361

WSU Cooperative Extension of Skagit County 360-428-4270

306 South First Street, Mt. Vernon

See also Public Libraries under Other Resources Section

EMPLOYMENT

Cascade Job Corps 360-854-3400

Department of Social and Human Services

Department of Vocational Rehabilitation 360-416-3515

Goodwill Industries

Training Center 360-848-9323
102 Valley Mall Way
Mount Vernon, Washington 98273

Mount Vernon Human Resources

<http://www.ci.mount-vernon.wa.us/jobs.asp>
910 Cleveland Avenue
Mount Vernon, WA 98273

Northwest Workforce Development Council 360-676-3209

Washington Vocational Services 360-419-0910

321 West Washington St, Mt. Vernon, WA 98273

Work First 360-416-7283

2405 East College Way
Mount Vernon, Washington 98273

Work Source Skagit 360-416-3500

Washington State Employment Security
2005 E. College Way
Mount Vernon, Washington 98273

Service Alternatives for Washington 360-419-7066

Parenting

American Red Cross 360-293-2911
Catholic Community Services 360-416-7546
Compass Health 360-419-3500
Parent Child Assistance Program (PCAP) 360-428-7835

Pregnancy Care Clinic 360-299-0568

913 6th St, Anacortes

Prescriptions

Needymeds www.needymeds.com

Telephone Assistance

Community Voice Mail (www.cvm.org) 360-416-7585
Washington Telephone Assistance Program 888-700-8880
or 360-416-7585

SENIOR RESOURCES

Area Agency on Aging 360-676-6749

C.O.P.E.S (in home care for seniors) 360-416-7289

Medicaid Personal Care, Chore Service 360-416-7589

Senior Centers

- Anacortes Senior Center 360-293-7473
1701 22nd Street
Anacortes, Washington 98221
- Burlington Senior Center 360-755-0102
1011 Greenleaf Avenue
Burlington, Washington 98233
- Concrete Senior Center 360-853-8400
45821 Railroad Avenue
Concrete, Washington 98237
- Marblemount Community Club Building 360-873-4432
60099 State Route 20 360-853-8400
Marblemount, Washington 98267
- Mount Vernon Senior Center 360-336-5757
1401 Cleveland Avenue
Mount Vernon, Washington 98273
- Sedro Woolley Senior Center 360-855-1531
715 Pacific Street
Sedro Woolley, Washington 98284
- Swinomish Senior Center 360-466-3980
17691 Reservation Road
La Conner, Washington 98257

Volunteer Chore Program 360-416-7585

Skagit County Community Action Agency
330 Pacific Place
Mt. Vernon, WA 98273

HOUSING CONTINUED

<u>Rural Economic and Community Development</u>	360-428-4322
502 Rural Housing Direct Loan Program	
<u>Skagit County and Whatcom County Self Housing</u>	888-360-0223
5373 Guide Meridian, Suite E-105 Bellingham, Washington 98226	
<u>Skagit County Community Action Agency</u>	360-416-7585
Family Development Program, Homeless Prevention, Hotel/Motel Program, Transitional Housing Program	
<u>Comprehensive Homeless Veterans Program</u>	800-827-1000

OTHER RESOURCES

Emergency Resources

Ambulance, Fire, Police, etc.	911
Red Cross	360-424-5291
Suicide Information and Prevention	800-784-2433

<u>Love I.N.C</u>	360-424-0871
Basic needs, unusual and unmet needs, information and referral	

Legal Assistance

<u>CLEAR Legal Services</u>	www.nwjustice.org
Seniors	888-387-7111
Adults and Youth	888-201-1014

<u>Northwest Immigrant Rights Project</u>	800-445-5771
www.washingtonlawhelp.org	
<u>Northwest Women's Law Center</u>	206-621-7691
<u>Washington Protection and Advocacy System</u>	800-562-2702

Mental Health

<u>Catholic Community Services</u>	360-416-7546
<u>Care Crisis Response Services</u>	800-584-3578
<u>Compass Health</u>	360-419-7590
<u>National Alliance for the Mentally Ill</u>	360-424-7935
<u>Follman Agency</u>	360-755-1125
<u>Sea Mar Community Health Centers</u>	360-428-8912
<u>Secret Harbor School</u>	360-293-5151
<u>Skagit Bi-Polar Support Group</u>	360-424-8224

Public Libraries

Anacortes Public Library	360-293-1910
1220 10th St., Anacortes	
Burlington Public Library	360-755-0760
820 E. Washington Ave, Burlington	
Concrete Public Library	360-853-8950
45672 Main St, Concrete	
La Conner Public Library	360-466-3352
614 Morris, La Conner	
Mt. Vernon City Library	360-336-6209
315 Snoqualmie St., Mt. Vernon	
Sedro-Woolley Public Library	360-855-1166
802 Ball St., Sedro-Woolley	

FOOD

Basic Food (Food Stamps)

• <u>Department of Social and Health Services</u>	360-416-7444
900 East College Way, Suite 100, Mount Vernon	

<u>Friendship House</u> (congregate meals)	360-336-6138
1008 S. 3rd, Mt. Vernon	

Food Banks

Alger Food Bank	360-724-5131
18731 Parkview Lane, Alger,	
Anacortes 100 Food Bank (meals served Tues)	360-293-6445
512 4th Street, Anacortes	
Bread of Life Food Bank	360-873-2504
59850 State Road 20, Marblemount	
Community Covenant Food Bank	360-424-1139
Clear Lake, WA 98235 (call for referral)	
Concrete Food Bank	360-853-8505
45770 Main Street, Concrete,	
Helping Hands Food Bank	360-856-2211
420 Washington Street, Sedro-Woolley	
Hamilton Food Bank	360-826-3795
571 Pettit St., Hamilton	
Neighbors In Need Food Bank	360-424-6311
1615 South 2nd Street, Mt. Vernon	
Salvation Army Food Bank	360-293-6682
3001 R Drive, Anacortes, WA	
Sea Mar Food Bank (homeless and migrant)	360-428-8912
2500 E. College Way, Mt. Vernon,	
St. Charles Food Bank	360-757-0128
935 Peterson Road, Burlington,	
St. Vincent DePaul Food Bank	360-293-9821
4001 St. Mary's Drive, Anacortes,	
Viewcrest Heartprints Food Pantry	360-416-0326
830 N. 16th Street, Mt. Vernon,	
<u>Meals on Wheels and Senior Lunch Program</u>	360-336-9315
<u>Reverie Barbecue</u> dinners last 5 days of month	360-419-8227
1300 S. 2nd, Mt. Vernon	
<u>Skagit County Community Action Agency</u>	
Basic Food Outreach (food stamp program)	360-416-7585
Mobile Food Express (seniors and disabled)	360-416-7585
<u>Skagit Gleaners</u>	360-848-1045
<u>WIC</u> (women, infants and children)	
See WIC heading under Health Section	
<u>Westminister Presbyterian</u> (congregate meals)	360-293-3880
1300 9th St., Anacortes	
<u>Central Methodist Church</u> (congregate meals)	360-856-6412
1013 Polte Rd., Sedro-Woolley	

HEALTH

<u>AIDS/HIV Information Hotline</u>	800-272-2437
<u>Access to Baby & Child Dentistry</u>	360-419-3320
<u>American Red Cross</u>	
Anacortes/San Juan Chapter	360-293-2911
Skagit Valley Chapter	360-424-5291
<u>Cancer Lifeline</u>	800-255-5505
<u>Crisis Pregnancy Center of Skagit County</u>	360-428-4777
<u>Compass Health Skagit</u>	360-419-3500
<u>First Steps (DSHS)</u>	360-416-7382
900 East College Way, Suite 200 Mount Vernon, Washington 98273	
<u>Mount Baker Planned Parenthood</u>	360-848-1744
900 East College Way, Suite 120, Mount Vernon, WA 98273	
<u>Hospitals</u>	
Skagit Valley Hospital (Mt. Vernon)	360-424-4111
United General Hospital (Sedro-Woolley)	360-856-6021
Island Hospital (Anacortes)	360-299-1300
Childrens Hospital and Regional Medical Center	206-987-2000
<u>Pregnancy Choices</u>	360-428-4777
www.pregnancychoices.org	
<u>Skagit County Community Action Agency</u>	360-416-7585
Dental Van, Maternity Support Services, Medical Assistance Women Infant and Children Nutritional Program (WIC)	
<u>Skagit County Public Health</u>	360-336-9380
Birth Certificates, Child & Family Health, Communicable Disease Clinic, Environmental Health Services	
<u>Sea Mar Community Health Centers</u>	360-428-4075
<u>Skagit Hospice</u>	360-848-5550
<u>Swinomish Tribal Comm. Services</u>	360-466-3163
<u>Teen Clinics</u>	
Anacortes	360-293-6973
East County	360-853-7009
Sedro-Woolley	360-856-7319
<u>Visiting Nurse Personal Service</u>	360-336-9693
<u>Washington Poison Center</u>	800-222-1222
<u>Washington State Basic Health Plan</u>	800-660-9840
<u>Washington State Department of Health</u>	800-525-0127
<u>Washington Women In Need</u>	888-440-9946
<u>Women, Infants and Children (WIC)</u>	
• 700 S. 2nd, Room 301, Mt. Vernon (Health Dept)	360-336-9392

- Skagit County Community Action Agency 360-416-7595
- 2000 Hospital Dr., Sedro-Woolley 360-856-7318
- 45770 Main St., Concrete (Health Dept) 360-336-9392
- 2601 M. Ave, Suite C, Anacortes (SCCAA) 360-416-7595
- Swinomish Health Clinic 360-416-3167

Within Reach 800-322-2588
Information and referral for health services TTY 800-833-6388

HOUSING

Emergency Shelters

- Anacortes Family Center 360-293-2993
1011 27th St.
Anacortes, WA 98221
- Friendship House Shelter for Men 360-336-2135
1008 South 3rd Street,
Mount Vernon, WA 98273
- Friendship Shelter for Women and Children 360-336-2418
922 South 3rd Street,
Mount Vernon, Washington 98273
- Northwest Youth Services 360-424-0901
307 South First Street, Suite F
Mount, Vernon, Washington 98273
- Oasis Teen Shelter 360-419-9058
125 North Fifth Street 360-336-9622
Mount Vernon, Washington 98273
- Sea Mar Homeless Support 360-424-5710
2426 East College Way, Suite 100
Mount Vernon, Washington 98273
- Skagit County Community Action Shelter 360-416-7585
330 Pacific Place
Mt. Vernon, WA 98273
- Skagit Domestic Violence and Assault Services 360-336-9591

Hannah's Place (for pregnant women) 360-424-6797

Housing Assistance

- Community Information Line of Skagit County 800-223-8145
- Crestview Group Home 360-424-5584
- Harbor Villa Apartments 360-466-1989
- Salem Village II 360-419-7334
- Soundview Supported Living 360-424-0397
- Villa Kathleen Senior and Disabled Apartments 360-755-9591

Housing Authorities of Skagit County

- Anacortes Housing Authority 360-293-7831
- Samish Indian Nation 360-293-6404
- Sauk-Suiattle Tribal Community 360-436-0131
- Sedro Woolley Housing Authority 360-855-0404
- Skagit County Housing Authority 360-428-1959
- Swinomish Tribal Community 360-466-4081
- Upper Skagit Tribal Community 360-854-7000