

Skagit County Community Resource Guide 2010



*A resource guide to community services
in Skagit County compiled by
Skagit County Community Action Agency
with the help of dozens of other
social service organizations.*

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Critical Needs

ARGUS Christmas and Children's Fund	360-755-0195
Assistance Line For Skagit & Snohomish Counties	877-833-7285
Love I.N.C <i>Basic needs, unusual and unmet needs, information and referral</i>	360-419-7061
Skagit County Community Action Agency 330 Pacific Place, Mt. Vernon <i>Clothing, Food, Transportation, Veterans Assistance, Community Voice Mail</i>	360-416-7585
Rental Assistance/Hotel Motel Vouchers <i>Limited short-term financial assistance</i>	call 2-1-1
Sea Mar Homeless Support <i>Limited assistance for the homeless</i>	
Washington Telephone Assistance Program	360-416-7585

Food Assistance

Basic Food (or Food Stamps)

Skagit County Community Action Agency 330 Pacific Place, Mt. Vernon	360-416-7585
Department of Social and Health Services 900 East College Way, Suite 100, Mt. Vernon	866-777-6303

Food Banks

Alger Food Bank 18731 Parkview Lane, Alger 1st & 3rd Tuesdays 10 am - 2 pm	360-724-5131
Anacortes 100 Food Bank 512 4th Street, Anacortes Fridays 10 am - 2 pm	360-293-6445
Bread of Life Food Bank 59850 State Road 20, Marblemount 1st & 3rd Wednesdays 11 am - 5 pm	360-873-2504
Community Covenant Food Bank Clear Lake, WA (call for referral) Mondays	360-424-1139
Concrete Food Bank 45770 Main Street, Concrete 2nd & last Thursdays 12 - 3 pm	360-853-8505
Hamilton Community Food Bank 571 Pettit St., Hamilton Tuesdays 11 - 12 & 1 - 3 pm	360-826-4090
Heart Prints Food Pantry 2301 Market St #135, Mt. Vernon Tues, Wed, Thurs 9 am - 5 pm	360-416-0326

Helping Hands Food Bank 250 West Moore (Hwy 20), Sedro Woolley Wednesdays 10 am - Noon & 1 - 4 pm	360-856-2211
Neighbors In Need Food Bank 1615 South 2nd Street, Mt. Vernon Tuesdays 10 am - 2pm	360- 420-0558
Salvation Army Food Bank 3001 R Drive, Anacortes Mon, Wed, Friday 1 - 3 pm	360-293-6682
Shepherd's Heart Care Center 8224 S. Main Street, Lyman Thursdays 1 - 4 pm (1st & 3rd till 6pm)	360-840-4940
Tri Parish Food Bank 935 Peterson Road, Burlington Wednesdays 4 - 6 pm	360-757-0128
Skagit Gleaners 1021 Riverside Dr., Mt. Vernon	360-848-1045
St. Vincent DePaul Food Bank 4001 St. Mary's Drive, Anacortes Fridays 10 - 11 am	360-293-9821

Meal Programs

Meals on Wheels and Senior Lunch Program	360-757-2545
Friendship House 1008 S 3rd St., Mt. Vernon	360-336-6138
Open Door Community Kitchen (last 5 days) 1013 Polte Rd., Sedro-Woolley	360-856-6412
Peer Connections Center (for mental health patients) 1115 Riverside Dr., Mt. Vernon	360-848-8615
Reverie Barbecue (last 5 days of month) 1300 S. 2nd, Mt. Vernon	360-419-8227
Westminister Presbyterian (dinners on Sundays) 1300 9th St., Anacortes	360-293-3880
WIC (women, infants and children) <i>See WIC heading under Health Section</i>	360-416-7595

Housing and Shelter

Emergency Shelters

Anacortes Family Center 1011 27th St, Anacortes	360-293-2993
Friendship House Shelter for Men 1008 South 3rd Street,, Mt. Vernon	360-336-2135
Friendship House for Women and Children 922 South 3rd Street, Mt. Vernon	360-336-2418
Oasis Teen Shelter 125 North Fifth Street, Mt. Vernon	360-419-9058 360-336-9622
SCCAA Family Development Center <i>Families with children</i>	360-416-7585
Skagit Domestic Violence and Assault Services	360-336-9591

Friendship House 1008 S 3rd St., Mt. Vernon	360-336-6138
Habitat for Humanity 1022 Riverside Dr., Mt. Vernon	360-428-9402
Hannah's House 202 West Blackburn, #5, Mt. Vernon <i>For women with unexpected pregnancies</i>	360-424-6797
Home Trust of Skagit	360-588-5721
Rural Housing Direct Loan Program	360-428-4322
Skagit County Community Action Agency <i>Family Development Program, Homeless Prevention, Transitional Housing Program, Housing Connections</i>	360-416-7585
Skagit County and Whatcom County Self Housing	888-360-0223
Skagit Housing Connections	360-416-7585
Comprehensive Homeless Veterans Program	800-827-1000

Employment & Job Training

Cascade Job Corps 7782 Northern State Rd., Sedro-Woolley	360-854-3400
Department of Social and Human Services Division of Vocational Rehabilitation (DVR) 2005 E. College Way, 2nd Floor, Mt. Vernon	360-416-3515
Economic Development Assn of Skagit County 204 West Montgomery, Mt. Vernon	360-336-6114
Goodwill Industries Training Center 102 Valley Mall Way, Mt. Vernon	360-848-9323
Mount Vernon Human Resources 910 Cleveland Avenue, Mt. Vernon <i>http://www.ci.mount-vernon.wa.us/jobs.asp</i>	360-336-0636
Service Alternatives for Washington 406 S 2nd, Mt. Vernon	360-419-7066
Washington Vocational Services 321 West Washington St., Mt. Vernon	360-419-0910
Work First 2405 East College Way, Mt. Vernon	360-416-7283
Work Source Skagit 2005 E. College Way, Mt. Vernon	360-416-3500

Health

Access to Baby & Child Dentistry	360-419-3320
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AIDS/HIV Information Hotline	800-272-2437
Cancer Lifeline	800-255-5505
Citrine Health 2817 Rockefeller Ave, Everett <i>health screening for men and women, food</i>	800-651-8931
Crisis Pregnancy Center of Skagit County	360-428-4777
Compass Health Skagit	360-419-3500
Developmental Disability Council of Washington	800-634-4473
First Steps (DSHS) 900 East College Way, Suite 200, Mt. Vernon	360-416-7382
Mount Baker Planned Parenthood 900 East College Way, Suite 120, Mt. Vernon	360-848-1744

Hospitals

Skagit Valley Hospital (Mt. Vernon) 1415 East Kincaid, Mt. Vernon	360-424-4111
United General Hospital (Sedro-Woolley) 2000 Hospital Drive, Sedro-Woolley	360-856-6021
Island Hospital (Anacortes) 1211 24th Street, Anacortes	360-299-1300
Children's Hospital and Regional Medical Center 4800 Sand Point Way NE, Seattle	206-987-2000
Learning Disability Association of Washington	800-536-2343
Pregnancy Choices <i>www.pregnancychoices.org</i>	360-428-4777
Sea Mar Community Health Centers 1010 East College Way, Mt. Vernon	360-428-4075
Sea Mar Health Care For Homeless	360-424-5710
Skagit County Community Action Agency <i>Dental Van, Maternity Support Services, Medical Assistance, Women Infant and Children Nutritional Program (WIC)</i>	360-416-7585
Skagit County Public Health <i>Birth Certificates, Child & Family Health, Communicable Diseases</i>	360-336-9380
Skagit Hospice	360-848-5550
Swinomish Tribal Community Services	360-466-3163

Teen Clinics

Anacortes	360-293-6973
East County	360-853-7009
Sedro-Woolley	360-856-7319
Visiting Nurse Personal Service	360-336-9693

WA Apple Health For Kids (medical)	360-416-7585
Washington Poison Center	800-222-1222
Washington State Basic Health Plan	800-660-9840
Washington State Department of Health	800-525-0127
Washington Women In Need	888-440-9946

Women, Infants and Children (WIC)

700 S. 2nd, Room 301, Mt. Vernon (Health Dept)	360-336-9392
330 Pacific Place, Mt. Vernon	360-416-7595
2000 Hospital Dr., Sedro-Woolley	360-856-7318
45770 Main St., Concrete (Health Dept)	360-336-9392
2601 M. Ave, Suite C, Anacortes (SCCAA)	360-416-7595
Swinomish Health Clinic	360-416-3167
Within Reach	800-322-2588
<i>Information and referral for health services</i>	TTY 800-833-6388

Mental Health

Care Crisis Response Services	800-584-3578
Catholic Community Services NW 320 Pacific Place, Mt. Vernon	360-416-7546
Compass Health	360-419-7590
Follman Agency 910 South Anacortes Street, Burlington	360-755-1125
National Alliance for the Mentally Ill (NAMI)	360-424-7935
Peer Connections Center 1115 Riverside Drive, Mt. Vernon <i>Drop in center for mental health patients</i>	360-848-8615
Sea Mar Community Health Centers	360-428-8912
Secret Harbor School	360-293-5151

Senior Resources

Area Agency on Aging	360-676-6749
C.O.P.E.S (in home care for seniors) <i>Medicaid Personal Care, Chore Service</i>	360-416-7289 360-416-7589

Senior Centers

Anacortes Senior Center 1701 22nd Street, Anacortes	360-293-7473
Burlington Senior Center 1011 Greenleaf Avenue, Burlington	360-755-0102
Concrete Senior Center 45821 Railroad Avenue, Concrete	360-853-8400

Marblemount Community Club Building 60099 State Route 20, Marblemount	360-873-4432
Mount Vernon Senior Center 1401 Cleveland Avenue, Mt. Vernon	360-336-5757
Sedro Woolley Senior Center 715 Pacific Street, Sedro-Woolley	360-855-1531
Swinomish Senior Center 17691 Reservation Road, La Conner	360-466-3980
Golden Care Program 1415 East Kincaid Avenue, Mt. Vernon	360-428-2345
Grandparent 's Raising Grandchildren <i>Kinship Caregiver Program, Grandparents Support Group</i>	360-856-3054
Meals on Wheels (seniors)	360-757-2545
Medicaid Personal Care, Chore Service	360-416-7585
Mobile Food Express (mobile food bank)	360-416-7585
Northwest Regional Council on Aging Retired Senior Volunteer Programs 315 South Third Street, Mt. Vernon	800-585-6749 360-757-2545
Retired Senior Volunteer Programs	360-757-2545
Senior Information and Assistance 315 South Third Street, Mt. Vernon	360-336-9345
Skagit Council on Aging	360-336-9315
Visiting Angels Living Assistance Services	888-264-3528
Volunteer Chore Program (seniors/disabled) <i>Help with transportation, home repairs, yard work, other needs</i>	360-416-7585

Domestic Violence

Adult Protective Services Department of Social and Health Services 900 East College Way # 210, Mt. Vernon	800-487-0416
Aging and Adult Services Complaint Line	800-562-6078
Child Protective Services	360-735-7038
Children and Family Services Division Department of Social and Health Services 900 East College Way, Mt. Vernon	800-785-5582
Skagit Domestic Violence & Sexual Assault Services P.O. Box 301, Mt. Vernon	360-336-9591 800-726-6010
Domestic Violence Hotline (Washington)	800-562-6025
Sea Mar Community Health Centers	360-428-8912

Mount Vernon Homeless and CRS 2500 East College Way, Suite 100, Mt. Vernon	360-428-8912
National Center for Missing Children	800-843-5678
Parent Trust for Washington Children	800-932-4673
Sexual Assault Hotline	800-656-4673
Sexual Assault Support Group	360-336-9591
Washington State Crime Victim Advocacy	800-822-1067

Education

Emerson Alternative School	360-336-2681
Goodwill Industries (Adult Basic Education) 102 Valley Mall Way, Mt. Vernon	360-848-1816
Mount Vernon High School Re-Entry Program	360-428-6100
OIC-HEP High School Equivalency Program	877-453-3970 360-421-3597
Plazas Comunitarias	360-428-6116
Skagit Literacy A service of Skagit County Community Action Agency <i>Adult Basic Education, GED Preparation, Teen GED, Family Literacy, English Language Learning (ESL), Even Start</i>	360-416-7585
Skagit Valley College 2405 East College Way, Mt. Vernon	360-416-7623
GED - Information	360-416-7820
Adult Basic Education	360-416-7806
Career Services Center	360-416-7630
Life Transitions Program	360-416-7762
Early Childhood Education	360-416-7787
Family Literacy Center	360-679-5361
WSU Cooperative Extension of Skagit County 306 South First Street, Mt. Vernon <i>See Public Libraries under General Resources Section</i>	360-428-4270

Alcohol & Drug Counseling

Al-Anon	800-344-2666
Alcohol and Drug Helpline	800-562-1240
Alcoholics Anonymous	888-360-1564
Dellamas and Associates 1008 5th St, Anacortes	360-299-2750
Department of Alcohol and Substance Abuse	877-301-4557
Fetal Alcohol Syndrome Family Resource Institute	800-999-3429

Follman Agency 910 South Anacortes Street, Burlington	360-755-1125
Narcotics Anonymous	360-428-7171
Parent Child Assistance Program (PCAP)	360-428-7835
Phoenix Recovery Services 2105 Continental Place, Mt. Vernon	360-848-8437
Sea Mar Community Health Centers 1010 East College Way, Suite 100, Mt. Vernon	360-428-8912
Skagit Recovery Center 1905 Continental Place, Mt. Vernon	360-428-7835
Swinomish Alcohol Program	360-466-7273
United Northwest Recovery Center 605-B Sunset Park Drive, Sedro Woolley	360-856-6300
Upper Skagit Chemical Dependency Program 25959 Community Plaza Way, Sedro-Woolley	360-854-7070
VA Puget Sound Health Care System	800-329-8387

Youth Services

Anacortes Community Arts 619 Commercial Ave, #14, Anacortes	360-299-9366
ARGUS Christmas and Children's Fund	360-755-0195
At Risk Intervention Specialists (ARIS) 611 South 2nd Street, Mt. Vernon	360-336-9389
Big Brothers & Big Sisters 200 South Cherry St., Burlington	360-707-0404
Boys and Girls Clubs of Skagit County Anacortes 2219 M Avenue	360-588-9045
Mt. Vernon 1100 North La Venture	360-428-6995
La Conner 305 North 6th Street	360-466-3672
Sedro Woolley 201 North Township	360-272-4553
Camp Fire USA 2217 Woburn St., Bellingham, WA 98226	360-733-5710
Cascade Job Corps 7782 Northern State Rd., Sedro-Woolley	360-854-3400
Catholic Community Services NW 320 Pacific Place, Mt. Vernon	360-416-7546

Child Care Resources and Referral 360-416-8299
1934 East College Way, Mt. Vernon

Children and Family Services Division 800-735-7038
Department of Social and Health Services
900 East College Way, Mt. Vernon

Emerson Alternative School 360-336-2681

Head Start of Skagit County (central office) 360-416-7590
Anacortes 360-293-2720
Burlington 360-755-0904
Burlington-Edison Child Development 360-755-1379
Concrete 360-853-7209
La Conner - Swinomish Birth to Six 360-466-7326
Mt. Vernon - Pacific Place 360-416-7576
Mt. Vernon - Skagit Valley College 360-416-7590
Mt. Vernon - Washington Center 360-424-7334
Sedro Woolley 360-856-4994

Northwest Youth Services 360-424-0901
307 South First St. Suite F, Mt. Vernon

Oasis Teen Shelter 360-419-9058

Safe Place 360-708-6450

Secret Harbor School 360-293-5151
Residential treatment

Skagit Valley YMCA 360-336-9622
Child care, preschool, Fitness and recreation camps, summer camps

Youthnet 360-336-1610

Legal Services

American Civil Liberties Union 206-624-2180
705 2nd Ave, Seattle

CLEAR Legal Services (free legal assistance)
www.nwjustice.org

Seniors 888-387-7111
Adults and Youth 888-201-1014
Spanish Speaking 888-201-1014

Northwest Immigrant Rights Project 800-445-5771
www.washingtonlawhelp.org

Northwest Women's Law Center 206-621-7691

Washington Protection and Advocacy System 206-324-1521
315 Fifth Ave South, Seattle 800-562-2702

Disability Resources

ARC of Whatcom, Island and Skagit Counties 360-715-0170

Canine Companions for Independence 800-572-2275

Chinook Enterprises 2026 North LaVenture Road, Mt. Vernon	360-428-0140
Community Services for the Blind	800-458-4888
Community Services for the Deaf/Hearing Impaired	877-301-0006
Developmental Disabilities Council of Washington	800-634-4473
Department of Social and Human Services Division of Vocational Rehabilitation (DVR) 2005 E. College Way, 2nd Floor, Mt. Vernon	360-416-3515
Learning Disabilities Association of Washington	800-536-2343
Washington Vocational Services 321 West Washington St., Mt. Vernon	360-419-0910

General Resources

Clearpoint Credit Counseling	877-422-9045
Community VoiceMail	360-416-7585
Emergency Response (Police, Ambulance, etc)	dial 9-1-1
Energy Assistance (Home Heating)	360-428-1011

Public Libraries

Anacortes Public Library 1220 10th St, Anacortes	360-293-1910
Burlington Public Library 820 E. Washington St, Burlington	360-755-0760
Concrete Public Library 45672 Main St, Concrete	360-853-8950
La Conner Public Library 614 Morris, La Conner	360-466-3352
Mt. Vernon Public Library 315 Snoqualmie St, Mt. Vernon	360-336-6209
Sedro-Woolley Public Library 802 Ball St, Sedro-Woolley	360-855-1166
Red Cross - Skagit Valley - Anacortes/San Juan	360-424-5291 360-293-2911
Suicide Information and Prevention	800-784-2433
Washington Telephone Assistance Program	360-416-7585

Skagit County Community Action Agency
330 Pacific Place, Mount Vernon, WA 98273
(360) 416-7585 fax (360) 416-7599
www.skagitcap.org



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