

Skagit Breastfeeding Resources

Compiled by Skagit Breastfeeding Coalition May 2009

Professional Consultation

Board Certified Lactation Consultants

Private Practice

Annette McDonald RN, IBCLC (360)293-4066
Effie-Jo Lindstrom RN, BSN, IBCLC (360)293-9027

Agency Lactation Consultants

Option Care 1-800-755-0484
Skagit Valley Hospital (360)428-BABY
or (360)428-2229

Professional Web Addresses

The Academy of Breastfeeding Medicine

www.bfmed.org

Toxicology Data Network

<http://toxnet.nlm.nih.gov/>

choose: LACTMED

Dr. Hale breastfeeding and medications

<http://neonatal.ttuhscc.edu/lact/>

Breast Pumps and Supplies

Skagit Comm Action..... (360)416-7595

Skagit Valley Hospital..... (360)428-BABY
or (360)428-2229

PMSI (for insurance/dshs) (800) 578-2260

[email: info@pacificmsi.com](mailto:info@pacificmsi.com)

Medela..... (800)435-8316

Skagit Breastfeeding Coalition

Annette McDonald RN, IBCLC President

Tina Abshier RNC, BSN, IBCLC Secretary

***see skagitcap.org, services, WIC, breastfeeding
for most up-to-date resource guide



Support/Education Resources

Classes: Childbirth & Infant Feeding

Skagit Valley Hospital..... (360)428-2424

Island Hospital..... (360)299-1309

United General Hospital (360)856-7245

Skagit Valley Hospital Baby Line (360)428-BABY

Public Breastfeeding Information

Within Reach (Breastfeeding Coalition of WA)

www.withinreachwa.org 1-800-322-2588

Washington State WIC Website

www.doh.wa.gov/cfh/wic/breastfeeding

LaLeche League International 1-800-LA LECHE

www.llli.org

National Breastfeeding Helpline 1-800-994-9662

<http://www.womenshealth.gov/Breastfeeding/>

La Leche League Local Contacts

Skagit County: Anna..... (360)856-6479

***** Skagit Monthly Meeting *****

***** 1st Wed, 6:00 PM *****

***** 320 Pacific Place, Mt Vernon *****

Oak Harbor, Julie..... (360)679-3502

Snohomish County..... (425)303-0311

[email: SkagitSnohomishLLL@gmail.com](mailto:SkagitSnohomishLLL@gmail.com)

Maternity Support Services

Island Prenatal Care Center (360)293-6973

Sea Mar Community Health Center (360)848-6616

Skagit Community Action (360)416-7585

Skagit County Public Health Dept (360)336-9380

United General Hosp (Through SCHED) (360)856-7318

WIC Nutrition Programs

Island Prenatal CC (through Skagit Community Action)

Skagit Community Action (360)416-7595

Skagit County Health Department (360)336-9392

United General Hospital (360)856-7318